

## What it is

A method that focuses your intuition on how to best serve your organization.

## What it can do

This tool can assist both consultants and leaders to:

- Help assess what your organization is needing.
- Focus your intuition on answering specific questions about the organization and your role.

## When to use it

Any time you seek further guidance on how to best serve your organization.

## How it works

- Most people find it helpful to write down the information they receive.
- Use any or all of the questions in the diagnostic, but also feel free to create additional questions.
- At any point in this process, if inner guidance begins to flow without prompting, let go of the formal process and simply keep writing.

## Some tips on Inner Knowing

- In order to access our deep well of inner wisdom, the key is having our minds relaxed and open.
- It is helpful to do some relaxed breathing or other centering practice before asking each question.
- Many people find it helpful to close their eyes.
- Frame simple questions.
- If you are centered before asking, the first information is usually the clearest.
- Watch carefully for the difference between what was 'received' and your rational mind's reactions and interpretations. There will be a distinct shift in energy at this point.

## Connecting with the “Being” of the Team/Organization

Close your eyes.  
Breathe . . .  
Relax . . .  
Center . . .

Imagine that this team or organization is like a living being, an organism with its own creative intelligence.

Take a moment to see an image that in some way represents this organism, this living being.

You’re going to ask this being several questions.  
Relax . . . and trust the first response you hear or feel in the space after you ask the question.

Breathe . . .  
Relax . . .  
Center . . .

Ask the “being” of this organization:  
*“What do you need?” . . . “What do you need?”*  
Remember what you heard, felt or saw.

Breathe . . .  
Relax . . .  
Center . . .

Now . . . ask the “being” of this organization:  
*“More than anything, what do you need from me?”*  
Remember what you heard, felt or saw.

Open your eyes.  
Write down whatever information you received.

### **Intuitive Diagnosis**

We will now ask a series of questions directly to your own inner consultant, your own deep well of inner knowing that is your birthright.

Keep a pen in hand. Trust and write down the first response you receive to each of the following questions. Remember to center before asking each question.

#### **Set of Questions #1:**

Center . . .

*In this team or organization, what or who is the greatest force for transformation?*

Center . . .

*What would it look like if this force were even more fully engaged?*

Center . . .

*What can I do to support the full emergence of its positive power?*

Write your responses

#### **Set of Questions #2**

Center . . .

*Whose leadership is being underutilized?*

Center . . .

*What would it look like if this leadership were even more fully engaged?*

Center . . .

*What can I do to support the greater emergence of this leadership?*

Write your responses

#### **Set of Questions #3**

Center . . .

*Who or what is especially needing my support?*

Center . . .

*What would support look like?*

Center . . .

*How can I best support them?*

Write your responses

**Set of Questions #4**

Center . . .

*Who or what is blocking transformation?*

Center . . .

*What would it look like if this blockage were relieved?*

Center . . .

*What can I do to help alleviate this blockage?*

Write your responses

**Set of Questions #5**

Center . . .

*Where is the most significant lack of alignment in this system?*

Center . . .

*See an image of what positive alignment would look like . . .*

Center . . .

*What can I do to support this alignment to come into being?*

Write your responses

**Set of Questions #6**

Center . . .

*More than anything, what is missing from this system?*

Center . . .

*What would it look like if this were present?*

Center . . .

*What, if anything, can I do to help deal with this lack?*

Write your responses

**Set of Questions #7**

Center . . .

*What needs healing in this system?*

Center . . .

*What would healing look like?*

Center . . .

*What can I do to promote healing?*

Write your responses

**Set of Questions #8**

Center . . .

*What's the one thing that could have the greatest impact on the health and vitality of this system? What's the one leverage point that has the greatest potential to help transform the system?*

Center . . .

*Now imagine it happening . . . See how it might happen . . . And see its positive impact on the whole system.*

Center . . .

*What can I do to assist this shift?*

Write your responses

**Question #9**

Center . . .

*Anything else I need to know at this time?*

Write your responses